

2017
Events



Summer in the city

















Summer activities
for children and young people

mysummerinthecity.org.uk

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Guide to events

 Location	 Young people with disabilities	 Family events	 Play
 Nearest station			
 Age range			
 Additional costs	 Art, media and culture	 Sports and leisure	 Youth
 Email			
 Website	 Trip	 Holiday Camp	 Community Day
 Telephone			

This brochure provides information on the activities which are available for children and families over the summer.

In response to the Grenfell fire tragedy the Royal Borough of Kensington and Chelsea has extended the range of provision which is available, and a number of events will also include counselling support. For some of these activities timings are still being confirmed, if a time is not listed in the brochure please contact the organiser for final details. All of the services listed are available to residents across Westminster, Hammersmith and Fulham and Kensington and Chelsea.

Families that have been affected and need additional support to help them access the activities should speak to the organisation providing the activity or their key worker. Financial support can be provided if needed. On pages 48 to 51 there is some more information on counselling, and other support for children after a frightening event. This is available to anyone that thinks they need it.

**Summer
in the City
Activities
2017**

**Royal Borough of
Kensington and Chelsea**

**Activities for
younger children**

Catholic Children's Society

10.30am-4pm, Mon-Fri for three weeks commencing Mon 31 July and ending Fri 18 August.

Early Years Stay & Play Provision.



St Marks Park, Community Centre, St. Marks Road, W10 6BZ



020 8968 4339



0-5 years

Meanwhile Gardens Community Association

2-5pm Mon- Fri

Early Years Stay & Play Service.



Meanwhile Gardens Playhut, W10 5BN



020 8960 4600



0-5 years

West London Action For Children-Stay and Play

9am-6pm Mon & Tue, 9am-7pm Wed & Thu, 9am-4pm Fri

Counselling services are available with creche and translation facilities (booking required).



15 Gertrude Street, SW10 0JN



020 7352 1155



0-5 years

To find out **MORE!** about this event and similar events go to
www.mysummerinthecity.org.uk



Lancaster West Children's Community Network

**Mon-Wed 11am-3pm,
Mon 24 July-Wed 9 August**

Early Years Stay & Play Service.

Little Wormwood Scrubs Playhut



Little Wormwood Scrubs Playhut, Dalgarno Gardens, W10 6AD



020 8969 7779



0-6 years (with their parents
or carers)

**Mon-Fri 8am to 4pm,
Mon 24 July-Fri 18 August**

Early Years summer playscheme



St Helen's Gardens, W10 6LS



020 7221 9031/020 7727 0854



3-7 years



World's End

Mon-Fri 9.30-11.45am

Drop-in centre/stay & play



18 Blantyre Street, World's End Under 5 Centre, SW10 0DS



020 7351 5871



Under 5

22 and 29 July and 5 August, 9.30-11am

Dads and kids' breakfast club



18 Blantyre Street, World's End Under 5 Centre, SW10 0DS



07765 183 504



Dads and children



info@dadshouse.org.uk



**Summer
in the City
Activities
2017**

**Royal Borough of
Kensington and Chelsea**

**Activities for
older children
and families**

Harrow Club W10



Football training session

Fri 5.30-8.30pm

Under 13s-5.30-7pm

Under 16-7.30-8.30pm

Senior youth club (senior 11-19)

Tue and Fri 6.30-10pm

Junior youth club (juniors 7-11)

Tue and Fri 3.30-6.30pm



Freston Road, W10 6TH



Juniors and seniors up to 19



020 7520 0300



www.harrowclubw10.org



enquiries@harrowclubw10.org



Making Communities Work & Grow



Extended summer youth club hours
Mon-Sat 1-10pm

Senior youth club: includes boys' club, girls' club, football and taekwondo.

Boxercise: for young people-**Every Thur**

Parents' Coffee mornings-Every Fri

Day trips: to the seaside and theme parks are being arranged



19 Golborne Road, W10 5NY
Ladbroke Grove station



13-21



020 8969 0722



<http://www.mcwg.org.uk/>



info@mcwg.org.uk

Rugby Portobello Trust



Will be running an extended programme of activities, day trips and residentials for children and families. We are also running an additional Magic Mums session on Wednesdays 10-1 which includes lunch.

Our programme is currently being finalised please visit the website to find out more.



221 Walmer Road, W11 4EY



0-19



Tel: 020 7229 2928



<http://www.rugbyportobello.org.uk/>



info@rpt.org.uk

London Sports Trust



**14 Aug-1 Sept, Mon-Fri,
10am-noon, 1-3pm**

Holiday Camps: sports and physical activity sessions with expert coaching coupled with a variety of trips throughout the school summer holidays. Mondays-Saturdays, varying times from 9am-7pm.

Edward Woods estate and Community Centre

14 August-1 September, Mon-Fri, 10am-noon, 1-3pm



60 Norland Rd, W11 4TX



11 to 19

Phoenix Academy

7-25 August, Mon -Fri, 10am-3pm



The Curve, Shepherds Bush, W12 0RQ



11 to 19

Fulham Boys School

31 July -18 August, Mon- Fri, 10am-noon, 1-3pm



Mund St, W14 9LY



11 to 19

Townmead housing estate,

31 July -25 August, Mon -Fri, 10am-noon, 1-3pm



Townmead Housing Estate, 291 Wandsworth Bridge Road, SW6 2NX



11 to 19

Bayonne estate

24 -28 July, Mon -Fri, 1-4pm



Bayonne Estate, 50 Paynes Walk, W6 8PF



11 to 19

Queens Park Gardens

24 July -4 August, 21 August -1 September,

Mon-Fri except when Beethoven have sessions (see overleaf) then everyone will be redirected there.



Queens Park Gardens, Ilbert Street, W10 4QJ



11 to 19

To find out MORE! about this event and similar events go to
www.mysummerinthecity.org.uk



London Sports Trusts continued

Beethoven Centre

Mon 31 July, Wed 2 Aug

Tue 8 August, Wed 9 Aug

Mon 14 August, Wed 16 Aug

Mon 21 August, Wed 23 Aug

Mon 28 August, Wed 30 Aug

London Sport Trust will be running a range of Multi-Sport activities alongside Arts & Crafts.



Distillery Wharf, Parr's Way, W6 9GD



10 to 18



020 8735 1589



<http://www.londonsportstrust.org>



info@londonsportstrust.org



SPID Theatre Company Ltd

Tue (4 and 11 July) 4.45-6.15pm

Drama workshop: "Far Far Away"



8 to 13



Tue 22-Thu 24 August 2 5.30pm

Drama workshop: "Summer in the City"



13-25



9 July, 5-9pm

Grenfell Matters: an afternoon of talks, entertainment and refreshments to support those affected by the Grenfell Tower tragedy. SPID's interactive theatre show at 5pm. Food, drink, film and speeches until 9pm.



ALL



Kensal House



020 8969 4570 or 07903 861 674



office@spidtheatre.com



<http://spidtheatre.com>

The Flying Gorillas

14-28 July: Mon-Fri, 3.30-5pm.

Please contact us for more details about sessions in August



Breakdance sessions



Norland Open Space or in the Edward Woods Community Hall depending on the weather

14-18 August, 28 August-1 September

Aerial workshops with a static trapeze rig



Edward Woods Community Centre



ALL



07855 825 129



<https://www.flyinggorillas.co.uk>



admin@flyinggorillas.co.uk

Youth Action Alliance



Youth sessions at the Hut

31 July-25 August every Mon and Tue 1-6pm



12 to 19

Youth day trips

31 July-25 August, Wed 1-6pm



12 to 19

Support drop-in at the Hut

31 July-25 August, Thu 1-4pm



12 to 19

Girls' night at the Hut

31 July-25 August, Thu 4-6pm



15 to 19

Further activities such as music production, boxing and a football festival (in partnership with RPT, Delgarno and Epic) will also be available over the summer. Please contact Youth Action Alliance to find out more.



202 Wornington Road, W10 5RE



07525 845 721



emily.youthactionalliance@gmail.com

Earls Court Youth Club



Tue, Wed and Fri 3.45-5.45pm

Juniors: Junior youth club offering sessional work on healthy living, multi-sports, arts and crafts, and music production.

Tue, Wed and Fri 6.45-9.15pm

Seniors: Senior youth club offering sessional work on healthy lifestyles, art and design, sports and music production.



Earls Court Youth Centre, 120 Ifield Road, SW10 9AF



020 7373 7970



ecyc@live.co.uk

EPIC



Mon and Fri 6-9pm; Tue-Thu 3.30-9pm

Chelsea: These include health, sports, education and employability programmes in our centres as well as partnering with wider support services to provide a range of activities for young people including: chilling space, cooking, football, boxing, workshops, careers support, 1-2-1 support, health advice



Chelsea Centre, World's End Estate,
Blantyre Street, Chelsea,
SW10 0EQ



13-19 up to 25 with LLDD



020 7349 9602



chelsea.centre@epiccic.org.uk

Golborne: These include health, sports, education and employability programmes in our centres as well as partnering with wider support services to provide a range of activities for young people including: chilling space, cooking, football, boxing, workshops, careers support, 1-2-1 support, health advice.



Golborne Centre, 2A Wornington Road,
W10 5QJ



13-19 up to 25 with LLDD



020 8960 6238



golborne.centre@epiccic.org.uk



Flying Gorillas/ EPIC

Late July-call us for dates

Live performance with young classical musicians from across Europe and break dancers from west London supported by the Creative Europe Programme of the EU



Marquee at Edward Woods Community



ALL



07855 825 129



admin@flyinggorillas.co.uk

To find out MORE! about this event and similar events go to
www.mysummerinthecity.org.uk



Join in the Youth Games



Sat & Sun, July 8 & 9

The 2017 London Youth Games is the biggest youth sporting event in Europe, with training and trials running all summer, culminating in the weekend of finals at Crystal Palace. Epic CIC co-ordinates up to 35 teams from Kensington and Chelsea, in everything from archery to weightlifting. Disability sports include swimming and boccia.



Crystal Palace National Sports Centre, Ledington Road SE19 2BB



Crystal Palace



9-19



epic.sport@epiccic.org.uk



www.epiccic.org.uk/summer2017

Taking the Next Big Step



Fri 25 August

The Next Big Step 2017 is an interactive afternoon for young people planning their next step in education, employment or training. Experience vocational tasters, get advice on applying to colleges, be helped writing CVs and handling interviews, and get assistance on turning your big idea into reality.



See website



See website



13-25



nina.popat@epiccic.org.uk



www.epiccic.org.uk/summer2017

Business start-up boot camp



September

All September, the MELP (Makers' Enterprise Launch Pad) 'boot camp' helps entrepreneurs. Activities take place one day a week over 6 weeks, with business skills training, on-site visits, networking, a competition for a start-up cash prize, business mentoring and trading space in Portobello Market.



See website



See website



18-25



helga.senior@epiccic.org.uk



www.epiccic.org.uk/summer2017

Senior sports and arts



Mon 24 July-Fri 11 August

A programme of sports and arts specifically for young disabled people. Here's a chance to develop new skills, build confidence and enhance a sense of well-being via inclusive, adaptable activities including dance, multi sports, trampolining, art, climbing and kayaking.



See website



See website



14-25



epic.sport@epiccic.org.uk



www.epiccic.org.uk/summer2017

Junior sports and arts



Mon 31 July-Fri 4 August

A week of sports and arts for children with disabilities and additional needs, with the emphasis on making it fun and challenging. Try new activities in a safe environment, including ice skating, BMX, art and kayaking.



See website



Various



7-13



epic.sport@epiccic.org.uk



www.epiccic.org.uk/summer2017

Off to join the circus



Mon 24 July–Thu 31 August

A wonderful chance to get involved with learning circus skills, playing team games, taking part in sport with other youngsters, experimenting with arts and practising dancing in a host of different venues across Kensington and Chelsea.



See website



Various



AGE 13-19 (up to 25 for anyone with learning difficulties)



summer@epiccic.org.uk



www.epiccic.org.uk/summer2017

Paddling on the Thames



Mon 31 July–Fri 25 August

A great chance to try kayaking on the Thames, as well as climbing and adventure activities at the Canalside Centre, with the help of Epic outdoors learning. Qualified staff teach young people how to kayak. You must be able to swim 10m, and space is limited for under 12s.



Kayaking London, Cremorne Gardens, Lots Road SW10 0QH
Canalside Centre, Canal Close, Ladbroke Grove W10 5AY



AGE 9-19



Various



£2 per session, or £40 membership per year



kayaking.london@epiccic.org.uk
canalside.centre@epiccic.org.uk



www.epiccic.org.uk/summer2017



A sense of adventure

Mon 24 July-Fri 25 August

Each adventure playground is an open access site, where youngsters with a taste for outdoor adventure can come and go as they please, joining in a wide range of fun, stimulating and inclusive activities. The choice is entirely yours.



Little Wormwood Scrubs Adventure

Playground, Dalgarno Gardens W10 5LL

Flashpoint Centre Play, World's End Estate,
Blantyre Street SW10 0DS

Wiltshire Close Adventure Playground

Wiltshire Close Estate, Rosemoor Street
SW3 2NS



Various



6-14



play@epiccic.org.uk



www.epiccic.org.uk/summer2017

Go Golborne Party in the Park 2017



Thu 20 July, 2-4.30pm

Go Golborne is hosting a FREE party in the park to celebrate the start of the holidays! Come along for lots of free fun and tasters of local play and leisure activities open for children and families this summer! Activities include circus skills, face painting, penalty shoot-out, arts and crafts, music and Boogie Bike!



Emslie Horniman's Pleasance Park, Bosworth Road W10 5EG



3-11



Ladbroke Grove, Westbourne Park



gogolborne@rbkc.gov.uk



www.rbkc.gov.uk/gogolborne

Venture Community Association



6 weeks of school summer holiday:

10.30am-5pm, Mon-Fri

Play: Open access 5-16 adventure playground with supervision provided

Sat 22 July, 8:30am-7:30pm

Trip: Summer coach trip to Margate



103A Wornington Rd, London W10 5YB



5 to 16



020 8960 3234



info@venturecentre.org.uk

To find out **MORE!** about this event and similar events go to
www.mysummerinthecity.org.uk



Summer Girls' Programme

26/27/28 July, 11am-3pm

A range of activities including art, yoga, cooking, drama and music as well as a chance to meet others, share ideas, and have fun together



Golborne Centre, 2A Wornington Road,
London W10 5QJ



13-19 years



laura.baird@epicccic.org.uk





Hornimans



24 July–1 September 2017 open

Mon: 12 noon–6pm. Tue–Fri 11am–6pm

Tue and Thur 6–9pm

Free adventure playground with various large wooden play structures and swings, arts and crafts, music, sport, gardening, cooking and baking activities. Tuck Shop available for snacks.

NB: Tuesdays and Thursdays extended nights 6–9pm. Please note that these late nights are closed gate nights which means all children must be registered to attend and be on site.



Hornimans Adventure Playground,
Big Green Gates North Kensington,
32 Southern Row, London W10 5AN



5–16 years



020 8969 5740



admin@hornimansadventure.com



www.hornimansadventure.com

UPG (Masbro)



Mon 24 July-Fri 18 August

Youth club activities: A mix of on-site and off-site activities including arts and crafts, sports in the park, fitness, table tennis, themed workshops and escorted trips out and about.



Masbro Youth Club, 87 Masbro Road, W14 0LR



11-19 years

Mon 24 July-Fri 18 August



Sports and Arts Activities: Planning an integrated sports, arts therapy and crafts programme for the Edward Woods estate.



Shepherds Bush Green



5-18 years

UPG Trips

Please contact us for full details.

Wed 26 July, 5-9pm

W12 Cinema Trip



Mon 31 July, 2-6pm

Picnic/Sports day in Ravenscourt park



Wed 2 August, 11am-4pm

Dirt Bike Riding

Thu 3 August

Baking and cooking: Baking and cooking for sale at the Masbro Family Summer Party



Fri 4 August, 1.30-4.30pm

Masbro Family Summer Party



Mon 7 August, 2.30-4pm

Workshop: Chris Preddie, Motivational Speaker



Tue 8 August, 1-4pm

Elders' tea party

Tue 8 August, 4pm

Go-karting



Wed 9 August, all day

Day trip to London: Youth One day inclusion event by mini bus



Thu 10-Sun 13 August

Grange Waters, Residential Centre, 3 day trip



Fri 18 August, all day

Day trip to Thorpe Park by mini bus



Masbro Youth Centre, 87 Masbro Road, Shepherds Bush, W14 0LR



020 7605 0800



www.upg.org.uk



max@upg.org.uk

To find out **MORE!** about this event and similar events go to
www.mysummerinthecity.org.uk



Clement James Summer Carnival Arts Programme



**24-28 July, 7-11 August and
21-25 August 10am-4pm**

Rumble in the Jungle Clement James

NB: These 3 weeks of activities will culminate in participation in the Notting Hill Carnival Children's day on Sunday 27 August.

Activities based on arts and crafts, costume making, music and dance. There is an offsite trip once a week and external providers come into centre to run workshops.

Children can sign up to one, two or all three weeks of fun.

AGE 8 years + (oldest is normally 14)

**Selected dates during the weeks commencing:
31 July-14 August**


Programme of sports and creative art

Details are finalised, please use the contact details below.



AGE Secondary school age

 Clement James Centre, 95 Sirdar Road, W11 4EQ

 020 7221 8810

 www.clementjames.org

 reception@clementjames.org



Westway Development Trust



26 July–1 September

The dates and times of individual programmes will be on our website:

www.westway.org/summerfun

Westway Trust is delivering a full programme of FREE summer activities for local children ages 0-12, including:

- Crèche
- Eco-kids club
- Sports programme
- Arts and crafts
- Lots more sport and art



1 Thorpe Close, London W10 5XL



ages 0-12



020 8962 5720 / 020 7385 2098 / 020 7381 2042



info@westway.org



www.westway.org

Fit for Sport

8.30am-6pm Mon to Friday

Summer Kids Camps



Holiday Camp-Oxford Gardens Primary School



4-12



Holiday Camp-Bayswater Play Centre



5-12



Holiday Camp -Ethos Sport, Imperial College



5-12 (4 year old half day only option)



Holiday Camp-Holy Trinity Primary C of E School (SW3)



4-12



Holiday Camp-Jubilee Sport Centre



5-12



Holiday Camp-Park Walk Primary School



4-12



Holiday Camp-Queen Mother Leisure Centre



5-12



Holiday Camp- St Joseph's RC Primary School (SW3)



4-12



020 8742 4990



www.fitforsport.co.uk



enquiries@fitforsport.co.uk

Ark and Aldridge Foundation

24 July-2 August

The following one off events are being run by Burlington Danes Academy (BDA)

26 July-11 August

Create Your Future

A 3-day, 2-night residential, with different dates for different age groups. Please see website for more information



Year 7-12 and
Year 2-6

25 July-16 August

Global Social Leaders

A 3-day non-residential programme held at Ark Burlington Danes with different dates for different age groups. Please see website for more information



School year
2-12

25 July-8 August, every Tue 2-4pm

Author Workshop



Year 1-6

27 July 6-8pm

Cinema Evening



Primary
students



28 July-11 August, 2-3pm

Let Me Play



ALL

3 and 4 August

Coderdojo



Year 2-12

7 August-11 August

Leighton House Museum



Year 1-6

10 August 6-8pm

Cinema Evening

Secondary
students

3 August, 5-7pm

Community dinner



ALL



To find out MORE! about this event and similar events go to
www.mysummerinthecity.org.uk



17-Aug

Voices Literary Festival and Community Lunch

AGE ALL



Burlington Danes Academy, Wood Lane, Shepherd's Bush, London W12 0HR



020 3432 3450



www.westlondonsummerprogramme.org



lina.akbar@future-foundations.co.uk

Everyone Active



24 July-1 September; ages 5-7, Mon-Fri, 10am-1pm; ages 8-12, Mon-Fri, 10am-4pm

Multi sports: all sorts of sports with everything from basketball and dodgeball to hockey and fun games.



Westway Sports Centre, 1 Crowthorne Road-netball court, football pitch, and fives courts

AGE

5-12

7-11 August and 14-18 August; ages 4-7, Mon-Fri, 9-10.45am; ages 8+, Mon-Fri, 9am-noon

Tennis: Ages 4-7 will be able to access the FUNdamentals programme which offers an introduction to tennis through fun and engaging sessions, developing sending and receiving, agility, balance and coordination skills. Ages 8+ will be able to access morning camps for all levels of ability with the focus on teaching and practising skills with a fitness element as well.



Westway Sports Centre, 1 Crowthorne Road-indoors

AGE

5-14

24 July-1 September; Mon-Sun 1.30-3pm and 3.30-5pm

Climbing: The climbing sessions are perfect for children of all ages and abilities to climb with their families; it promises to be exciting and action-packed.

The climbing will consist of 2 daily sessions, each for 90 minutes.



Westway Sports Centre, 1 Crowthorne Road-indoors

AGE

5+

Everyone Active continued

**24 July-29 August; ages 5-7, 10-11.30am,
ages 8-11, 10am-4pm,
ages 12-15, 10am-4pm**



Football: The sessions will be delivered by an FA-accredited coach, in a fun and safe environment. And at the end of each week there will be a football-related gift
The camp focuses on six key skills: shooting, defending, dribbling, passing, receiving and agility. Sessions include competitions, quizzes, prizes and much more.
NB: No sessions during week of 14 August.



Westway Sports Centre,
1 Crowthorne Road-main/large pitch



5-15



warrenalbrecht@everyoneactive.com

The Big House

Every Wed over the summer period

Drama Workshops



Various



Various

Dawn Howley



020 7923 9955 / 07701 384 058



dawn@thebighouse.uk.com






P3



Mon 24 July to 18 August–8am–6pm


Avondale Primary School Holiday Play Centre

 07779 441 061

 **AGE** 8-12

Mon 24 July–17 August–8am–6pm


St Clements and St James School Playcentre

 07976 113 438

 **AGE** 5-8

26 July 18 August noon-4.30pm,

Kensington Memorial park: Games, sports, steel band, tug of war, bouncy castle

 020 7229 2928

 **AGE** ALL

Fourth Feathers



Tue 25 July-Fri 25 August, 2-5pm

Cooking, arts and crafts, hall games, airbrushing, skatepark, sports, electric car kits, canvas painting, fashion design, cooking, bench ball, screen printing, baking day, smoothies, gardening, first aid course, competition day, short tennis, badminton, rehearsals, digital media project and archery.

NB: activities vary depending on day.

Tue 25 July-Fri 25 August, 6.30-9pm

Youth Club activities including: Bike maintenance workshop, dance, gardening, archery course, competition day, pool, table tennis, superstars, fitness competition, volleyball, badminton, healthy minds.

NB: activities vary depending on day.

Fri 4 August, 2-8pm

Community Day, Lisson Green Football Tournament

Thur 10 August, 2-5pm

Food Hygiene course

Fri 11 August, 2-5pm

Water sports day at London Docklands

Fri 18 August, 6-8pm

Presentation evening: awards, prizes food, celebration party, music raffle

Fri 28 July, 6-9pm

Chickenshed Drama Project

Wed 23 August, 2-5pm

Swimming at Seymour

Fri 25th August, 2-6pm

Club big barbecue day

Every Tue commencing 25 July-22 August from 6.30-9pm

Music studio

To find out MORE! about this event and similar events go to
www.mysummerinthecity.org.uk



Every Wed commencing 26 July-23 August, 6.30-8.30pm
Boxing fitness and skills

Wed 2 August, 2-5pm
Sports Day and Picnic (Regents Park)

Wed 9 August, 2-5pm
Digital media with Octavia Foundation

Wed 16 August, 2-5pm
Club and go karting (Milton Keynes)

 The Fourth Feathers Youth Centre, 12 Rossmore Road, NW1 6NX


 020 7723 9167


 fourth@feathersassociation.org.uk

The Tabernacle

An enhanced programme of arts, cultural and educational activities for children, young people, families and communities over the summer holiday period. Please see our website for further details.

 The Tabernacle, 35 Powis Square, W11 2AY

 0207 221 9700

 www.tabernaclew11.com/



Provision for Children with Disabilities



Stay and Play with support

Mon -Fri and Sun from the 31st July - 3rd of September

(please check of specific session times).



St Quintin's



For families with disabled children



07800 835 832



stquintincwd@rbkc.gov.uk



Youth club activities



BY Masbro Youth Club

Mon 24 July-Fri 18 August

A mix of on-site and off-site activities including arts and crafts, sports in the park, fitness, table tennis, themed workshops and escorted trips out and about.



Masbro Youth Club, 87 Masbro Road W14 0LR



11-19



Shepherds Bush, Olympia



Free, and low-cost trips



www.masbrocentre.org.uk

**Summer
in the City
Activities
2017**

**Hammersmith & Fulham
Council**

Activities for older children and families

To find out MORE! about this event and similar events go to
www.mysummerinthecity.org.uk



It's just tu-tu good



BY Let Me Play

Mon 31 July -Tue 1 August, 2-4pm

If you've always wanted to give ballet a go, but you think a pas de deux is a father of twins, here's your chance to impress. The First Steps Dance Academy is the venue, and you'll be taught dance techniques on the floor and bar.



West Side School, SW6 0LT



11-19



Hammersmith



info@letmeplay.co.uk



www.mysummerinthecity.org.uk





Dancing in the street

BY Let Me Play

Wed 26 July & Thu 27 July, 11am-1pm

Have a go at street and commercial dance routines, with an expert professional instructor to guide your moves. Sessions are free, and it's a great opportunity to meet new friends and share dance ideas.



Hurlingham Academy, Peterborough Road, SW6 3ED



11-19



Parsons Green



info@letmeplay.co.uk



www.mysummerinthecity.org.uk

Fun-filled summer days

BY Action on Disability

Mon 24 July-Fri 18 August, 9am-3.30pm

All impairment groups in Hammersmith & Fulham are welcome to join in 20 inclusive, fun-filled days of activity, including music, art, film, cookery, yoga, dancing, drama, sports, design and outings. There are also youth forums and advice sessions, with a showcase event at the end to celebrate the summer's achievements.



Phoenix Academy, The Curve W12 0RQ



11-25



White City, Wood Lane



info@letmeplay.co.uk



www.mysummerinthecity.org.uk

Scaling new heights



BY Let Me Play

**Weekly sessions, Tue 1 August-
Tue 29 August, 3-4pm**

Are the long summer holidays drive you up the wall? Then why not try climbing! The bouldering wall at Climbing Hangar is 4.2m at its highest point, but you have to keep your wits about you. Crash mats minimise injury risk, and there is excellent supervision and guidance. All equipment provided.



The Climbing Hangar, 5 Parsons Green Depot,
33 Parsons Green Lane SW6 4HH



11-19



Parsons Green



info@letmeplay.co.uk



www.mysummerinthecity.org.uk

Messing about on the river



BY Let Me Play

**Weekly sessions from Thu 3 August-
Thu 31 August, 2-4pm**

Exciting kayaking sessions for all abilities at the popular Fulham Reach boat club on the Thames; an opportunity to try something new and get out on the water under expert supervision. Places must be booked in advance.



Fulham Reach Boat Club, Unit A, Distillery Wharf,
Chancellors Road W6 9GX



11-19



Fulham Broadway, Hammersmith



info@letmeplay.co.uk



www.mysummerinthecity.org.uk



Beautiful you

BY Let Me Play

Mon 7 August-Fri 11 August, 1-3pm

Design workshops for budding hairdressers and future fashion designers. Expert tuition, and a chance to learn all about possible future careers.



Phoenix Academy, The Curve W12 0RQ



11-19



White City, Wood Lane



info@letmeplay.co.uk



www.mysummerinthecity.org.uk

Hey, what's cooking?

BY Let Me Play

Mon 28 August-Fri 1 September, 2-4pm

Show off your culinary skills in west London's version of Bake-Off; a cookery club where you'll be given expert kitchen guidance to help create amazing dishes.



Clem Attlee estate, SW6 7TN



11-19



West Kensington, West Brompton, Fulham Broadway



info@letmeplay.co.uk



www.mysummerinthecity.org.uk

Zumba in the park



BY Let Me Play

Wed 30 August, 4-6pm

Keep fit, keep moving and enjoy the fresh air. A great way to boost your fitness in a wonderful setting, with expert guidance.



South Park, SW6



11-19



Parsons Green



info@letmeplay.co.uk



www.mysummerinthecity.org.uk

Become an artist



BY Let Me Play

**Mon 14 August-Wed 16 August,
11am-2pm**

Polishing up your creative skills has proved one of the most popular holiday activities in Hammersmith & Fulham. This three-day workshop allows you to create, draw and design your own work with guidance from experienced artists.



Shepherds Bush Library, 6 Wood Lane W12 7BF



11-19



Shepherds Bush Market,
Wood Lane



info@letmeplay.co.uk



www.mysummerinthecity.org.uk

Going through the hoops

BY Let Me Play

Mon 14-Fri 18 August, 2-4pm

Fine-tune your basketball skills in a fun environment at the popular basketball training area in Ravenscourt Park. With coaching and tips from professionals to improve your game, as well as competitions with prizes.



The Climbing Hangar, 5 Parsons Green Depot,
33 Parsons Green Lane SW6 4HH



11-19



Parsons Green



info@letmeplay.co.uk



www.mysummerinthecity.org.uk

Kids on the Green

Throughout July, 1-7.30pm

Community event “Kids on the Green” to include: refreshments, arts and crafts, games, children’s entertainment and alternative therapy community network support



ALL



Part of UPG
helen@upg.org.uk / Ushma@upg.org.uk

Action on Disability

Mon 24 July-Fri 18 August, 9am-3.30pm

20 inclusive, fun-filled days of activity, including music, art, film, cookery, yoga, dancing, drama, sports, design and outings. There are also youth forums and advice sessions, with a showcase event at the end to celebrate the summer’s achievements.



Phoenix Academy, The Curve W12 0RQ



11-25 years



020 7385 2098 / 020 7381 2042



info@actionondisability.org.uk



**Summer
in the City
Activities
2017**

**Westminster City
Council**

Activities for older children and families

Scaling new heights

BY Everyone Active Seymour Leisure Centre

Mon 10 July-Fri 8 September

Contact for times and availability

If long summer holidays drive you up the wall, here's the place to come! Climbing keeps youngsters occupied, physically and mentally. There are challenges for all abilities with 7m and 13m walls. Children are fully supervised by instructors, and all safety equipment is provided. No experience needed. Junior rock climbing sessions are open to all.



West 1 Climbing Wall, Seymour Leisure Centre, Seymour Place W1H 5TJ



7-16



Edgware Road, Marylebone,
Baker Street, Marble Arch



seymourclimbing@
everyoneactive.com



www.everyoneactive.com/centre/
seymour-leisure-centre

Youth club for young people with disabilities



BY Caxton Youth Organisation

Mon, Wed and Fri evenings,

6.30-9pm, until Fri 4 August

A safe space in the inner city where children can come to make and meet friends, and where the top priority is young people with disabilities who live in Westminster. Open Monday, Wednesday and Friday evenings, with different age groups on different evenings, so activities match ages. A fun atmosphere, with the chance to learn new skills.



Caxton Youth Organisation, Basement Clubrooms, Tintern House,
Alderney Street SW1V 4JF



11-25



Victoria



caxtonyouthorg@
btconnect.com



www.caxtonyouth.org

A summer boating festival

BY Westminster Boating Base

Sun 6-Tue 8 August, 9am-4pm

Open watersports sessions for all (including non-swimmers), as well as land-based activities. If you take to the water you will need suitable clothing and soft-soled shoes, a complete change of clothing, towel and washing kit. Anyone under 18 will need a parent to sign a consent form.



Westminster Boating Base, 136 Grosvenor Road SW1V 3JY



Over 8s for powerboats,
over 10s for other watersports



Pimlico



enquiries@
westminsterboatingbase.co.uk



www.westminsterboatingbase.
co.uk



To be or not to be...



BY Society Of London Theatre

Tue 1-Thu 31 August

Throughout August under 16s can go free to participating London theatre shows when accompanied by a full-paying adult. An additional two children can also go for half price and there are no booking or postal fees. Open to everyone.



Participating theatres across London, list on website



0-16



Numerous, depending on theatre



kidswweek@soltukt.co.uk



www.kidswweek.co.uk



Under 16s free with full-paying adult. Adult prices from £11.50 to £77.50

Pedal through London



BY London & Surrey Cycling Partnership

Sat 29 July & Sun 30 July

Prudential RideLondon sees 100,000 riders take part in seven events, including a FreeCycle on Saturday 29 July. Featuring ten miles of traffic-free roads past some of London's great landmarks. On Sunday 30 July, 30,000 riders join two events finishing in The Mall, ahead of the elite riders' event.



Westminster



ALL



Charing Cross, Green Park



helpdesk@ridelondon.co.uk



www.PrudentialRideLondon.co.uk

Following Peter Pan

BY Royal Parks Foundation

**Fri 11 August & Fri 18 August,
11am-12.30pm**

Join in an interactive walk to find out how Peter Pan made his perilous journey from Bird Island in the Serpentine to the magical shores of the Long Water in Kensington Gardens.



The Education Centre, Hyde Park W2 2UH



Families



Marble Arch



support@royalparksfoundation.org



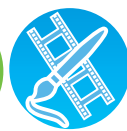
www.supporttheroyalparks.org/events/events_in_hyde_park/p2

Learn to play like Hendrix!

BY Handel & Hendrix in London

Sat 12 August, 11am

Ever dreamed of playing guitar like Jimi Hendrix? How about learning chords and solos in the legendary guitarist's former home in Mayfair? Handel & Hendrix in London hosts group guitar lessons for all levels, including beginners, to fill Hendrix's home with the sound of strumming.



Handel & Hendrix in London, 25 Brook Street W1K 4HB



All ages and abilities



Bond Street



mail@handelhendrix.org



www.handelhendrix.org/whats-on/events/learn-play-like-hendrix-group-lessons

Dragons, thrones and games

BY The Royal Institution

Wed 16 August, 7-8.30pm

If you think that fantasy is the opposite of science, think again. Helen Keen and a round table of scientists will challenge your views in a stimulating evening of ice, fire, fantasy and fun to celebrate the paperback release of the Science of Game of Thrones. Open to everyone.

£7-
£14



21 Albemarle Street W1S 4BS



12+



Green Park



ri@ri.ac.uk



www.rigb.org

Go outdoors to play

BY St. John's Wood Adventure Playground

Mon 24 July-Fri 1 September,

Mon-Fri, 8.30am-5pm

Summer holiday play programme with sports, arts and crafts, cooking, gardening, water play, movie afternoons, themed projects and off-site trips, delivered by a qualified, experienced staff team. The annual residential trip to Paddington Farm, Glastonbury, is from Saturday 5-Friday 11 August. Tickets to attend this trip cost £65 per child.

£15



St. John's Wood Adventure Playground,
St. John's Wood Terrace NW8 6LP



St. John's Wood



5-12



£15 full day, £7.50 half day (5 hours)



adstjohnsadventureplayground@btconnect.com



www.adventureplayground.org.uk

Bach to Baby: a family concert

BY Bach to Baby

Pimlico: Thur, 10.30am

Covent Garden: Sat, 11am

Bach to Baby is a critically acclaimed classical concert series for babies, toddlers and their carers. Tots dance, roam about and revel in the wonder of live music, while grown-ups take a moment out of the busy day to hear top-notch performances by outstanding musicians, with young babes in tow. Concerts take place every month.



Pimlico: St. Gabriel's Church, Warwick Square SW1V 2AD

Covent Garden: St Paul's Church, Bedford Street WC2E 9ED



ALL



Pimlico or Victoria/ Covent Garden



Adults £8-12, children free



info@bachtobaby.com



www.bachtobaby.com/pimlico

www.bachtobaby.com/covent-garden



History at your doorstep

BY Benjamin Franklin House

Tue 25 July, 11am-12.30pm

As part of the festival of archaeology, become an archaeologist for the morning and help uncover the history of Benjamin Franklin House. Suitable for 8-11s, but younger siblings are welcome too.



Benjamin Franklin House,
36 Craven Street WC2N 5NF



Embankment



8-11



education@benjaminfranklinhouse.org



www.benjaminfranklinhouse.org

To find out MORE! about this event and similar events go to
www.mysummerinthecity.org.uk



Disability and mental health awareness through sport



BY Everyone Active

Sun 16 July, 10am-2pm

An open day for all ages and abilities to promote disability and mental health. Activities and adapted sports include bocchia, polybat, basketball, sports and athletics as well as face painting, a smoothie bike and information points from groups who work with young people with disabilities.



Little Venice Sports Centre,
10 Crompton Street W2 1ND



Warwick Avenue,
Edgware Road



All Ages



nicolefox@everyoneactive.com



www.everyoneactive.com



**Summer
in the City
Activities
2017**

**Support for
children after
a frightening
event**

SUPPORT FOR CHILDREN AFTER A FRIGHTENING EVENT

There are a wide range of services available to help children, young people and families who are in need of emotional support following the Grenfell Tower fire.

The Royal Borough of Kensington and Chelsea is working with local community organisations, schools and youth clubs to increase the support on offer. This leaflet includes information on some of the key services. More information will be made put up on our website over the coming weeks via www.rbkc.gov.uk

ONLINE SERVICES

Kooth Online Counselling

Kooth is a free online counselling and emotional well-being service for children aged 11-19. The service can provide one-to-one sessions with accredited counsellors, fully moderated peer-support and online articles. The service is available via:

www.kooth.com

NHS Go

NHS Go provides online physical and mental health information and advice for young people under the age of 25. This includes advice on how to deal with anxiety, depression, stress, bereavement and youth mental health, and also has specific information on coping with stress after a major incident. To access the service please go to www.nhs.go.uk

TELEPHONE SERVICES

British Red Cross

The British Red Cross helpline is available to anyone who has been affected by the Grenfell Tower fire. For practical or emotional support, please call the Red Cross helpline on **0800 458 9472**. The line is open from 8am to 8pm. Outside of these hours messages can be left on an answer phone which will be picked up and responded to in the morning.

NSPCC Childline

Childline is available to help children and families with whatever they are worried about following the fire. You can contact Childline and speak in confidence to a supportive, trained counsellor, anytime, day or night on **0800 1111**, or for a one-to-one online chat at www.childline.org.uk

SCHOOLS

Our Educational Psychology Service is supporting all schools with their response to the fire. Most schools are offering one-to-one counselling for pupils affected by the Grenfell Tower fire and many will be able to offer support to the wider family. For further information on what is available at your child's school, please contact the school office.

CHILDCARE AND CHILDREN'S CENTRES

Our children's centres are able to offer advice and support for families with young children. The centres can also support you to access additional counselling services for you and your family. Officers from our Early Years Service are visiting affected families to give them information and to find out more about the needs of their children.

A therapeutic offer is being set up at Clare Gardens Children's Centre to provide physical therapy to parents. It will include the provision of a dedicated space for discussions and reflections. This space will have the support of a trained therapist to speak to, if parents decide that this is what they want. This offer will be supported by a whole-day childcare offer. You can contact Clare Gardens on **020 7727 2725**.

YOUTH CLUBS AND PLAY CENTRES

We have arranged an extended offer of activities delivered by key local organisations including EPIC, our Adventure Play providers and local schools. This provision will include a wrap-around offer of counselling support, play and art therapy for children and staff from local community organisations and specific mental health organisations such as Place2Be and MIND. A leaflet detailing activities available locally will be included on the Summer in the City website mysummerinthecity.org.uk

COMMUNITY ORGANISATIONS

Art Therapy

Art Therapy is a psychological therapy involving both verbal communication and communication through art and play. Art therapy can be an excellent way for children and young people to address emotional issues that they may be dealing with. The use of art to express things that may be hard to explain has been fundamental to young people in the community and we are pleased to be able to offer this much needed service throughout the summer at Henry Dickens, Venture and Al-Manaar. For more information, email **Susan Rudnik** at s.rudnik@gold.ac.uk or call **07932 054 834**.

Big House Drama

The Big House will provide fun and high-energy drama workshops at local community centres throughout the summer. They create a safe space for children and young people to explore their feelings through drama. For more details, email **Dawn Howley** at dawn@thebighouse.uk.com

Support for Disabled Children and Children with Learning Disabilities

St Quintin Children's Centre is running weekend sessions, while local community organisation Full of Life is providing an outreach counselling model to support parents with disabled children. A programme of additional short breaks is being put in place for the summer period. Information on Full of Life can be found on at www.fulloflifekc.com

IF YOU THINK YOU NEED MORE SUPPORT...

NHS: Single Point of Access (SPA)

If you or someone you know is in need of more support than can be provided by the services listed above, you can call the dedicated NHS response service number where your needs will be assessed and appropriate mental health support services as, information and advice will be provided. This is available 24 hours a day. Please let the operator know you are calling as a result of the fire at Grenfell Tower. The number to call is **0800 0234 650** or email cnw-tr.spa@nhs.net

If you require this information to be translated, please contact **Labibun Nessa-O'Sullivan** at labibun.nessa-o'sullivan@rbkc.gov.uk

إذا احتجت إلى هذه المعلومة مترجمة فيرجى الاتصال بـ **Labibun Nessa-O'Sullivan** على البريد الإلكتروني: labibun.nessa.o'sullivan@rbkc.gov.uk

আপনি এই তথ্য অনুবাদ করে পেতে চাইলে, অনুগ্রহ করে **Labibun Nessa-O'Sullivan** এর সাথে যোগাযোগ করুন। ওনার ইমেইল আইডি হল: labibun.nessa.o'sullivan@rbkc.gov.uk

Si vous avez besoin que ces informations vous soient traduites, merci de contacter **Labibun Nessa-O'Sullivan** sur l'adresse email : labibun.nessa-o'sullivan@rbkc.gov.uk

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2017
Events

NOW OPEN

Summer in the city

Summer activities
for children and young people

mysummerinthecity.org.uk