



# Smoking Factsheet

Smoking is the UK's single greatest cause of preventable illness and early death. Smoking causes around 7 out of every 10 cases of **lung cancer** (70%). It also causes cancer in other parts of the body, including the mouth, throat, oesophagus, kidney, liver, among others.

Smoking has a negative impact on **blood circulation and the heart**, acting as a risk factor for conditions such as coronary heart disease, heart attack, stroke, among others.

Smoking causes damage to the lungs leading to conditions such as chronic obstructive pulmonary disease (COPD), pneumonia, whilst worsening symptoms of other **respiratory conditions**.

## KEY INDICATORS

**Smoking Prevalence**  
(18+)

16.0% ↓

**Smoking attributable hospital admissions**

2,019 ●

**Smoking status at time of delivery**

2.8% ●

## Smoking Prevalence

The % of the population who classify themselves as either occasional or regular smokers. Prevalence in the borough ranges from 16.0 to 18.2%. The rate is above the current national ambition of 12% or less.

### Quality outcome framework

Smoking Prevalence  
18+

16.0% ↓  
England 16.5%

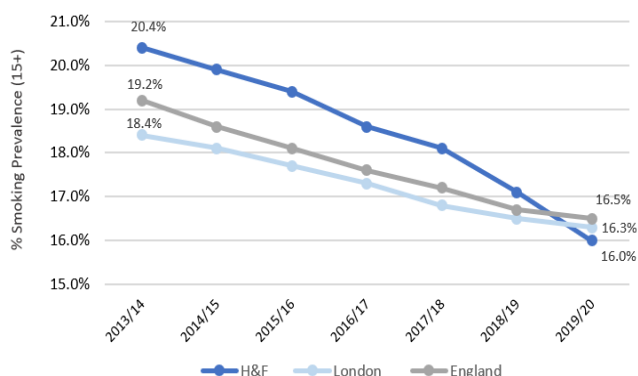
### GP patient survey:

Smoking Prevalence  
15+

18.2% ●  
England 14.3%

### Long term trend:

There has been a 4.4% decline in smoking prevalence in the last 6 years in Hammersmith & Fulham. Until 2018/19, Hammersmith & Fulham had a higher smoking prevalence than London and England rates. Hammersmith & Fulham now ranks 16<sup>th</sup> across London for prevalence.



## Smoking Prevalence in Priority groups

### Manual Occupations

Smoking Prevalence  
18+

25.0% ↓  
England 23.2%

### Substance Misuse

Smoking & Opiates  
18+

50.0% ↓  
England 70.2%

Smoking & non-Opiates  
18+

43.3% ↑  
England 62.0%

Smoking & Alcohol  
18+

41.5% ↓  
England 44.4%

### Mental Health (MH)

Long term MH condition  
18+

31.7% ↑  
England 25.8%

Anxiety or Depression  
18+

24.7% ↓  
England 25.8%

### Smoking in Pregnancy

Smoking in early pregnancy  
All ages

3.4%  
England 12.8%

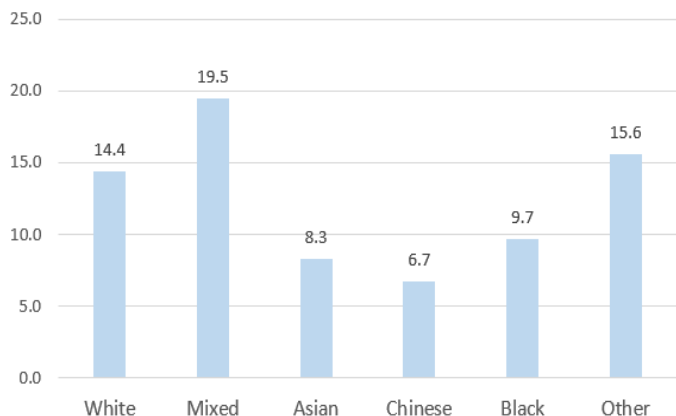
Smoking at time of delivery  
All age

2.8% ●  
England 10.4%

## Demographics

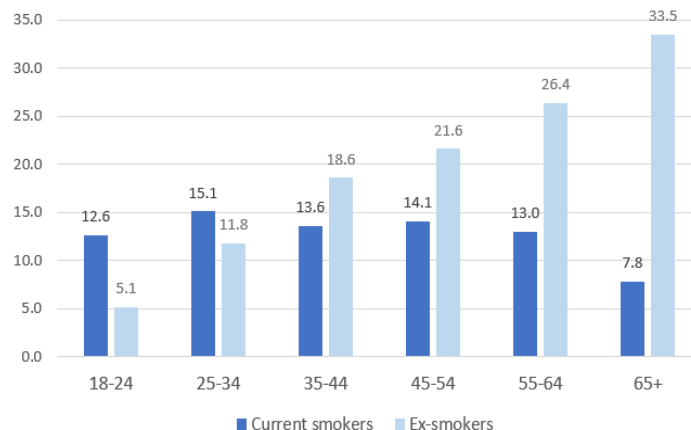
### Smoking by Ethnicity in England:

- Mixed Ethnic group has the highest smoking prevalence at 19.5%
- Asian Ethnic group has the lowest smoking prevalence at 8.3%



### Smoking by Age Group in London:

- The age group with the highest smoking prevalence is the 25-34 age group at 15.1%
- Lowest is in the 65+ age group. (which also has the highest no. of ex-smokers)



\*Recent ethnicity data is only available at England level and recent age data only available at London level

## Smoking related mortality

Smoking attributable death from **Stroke**  
Per 100,000

**6.6** ↓  
England 9.0

Smoking attributable death from **Heart Disease**  
Per 100,000

**26.6** ●  
England 29.3

Smoking attributable death from **Cancers**  
Per 100,000

**87.3** ●  
England 89.6

Smoking attributable death from **Lung Cancer**  
Per 100,000

**58.4** ●  
England 53.0

## Smoking Cessation

Smokers that have successfully Quit at 4 weeks  
Per 100,000, 16+

**6,743** ●  
England 1808

Smokers that have successfully Quit at 4 weeks \*CO validated\*  
Per 100,000, 16+

**4,645** ●  
England 1113

Cost per quitter  
16+

**£313.4** ●  
England £484

Rate of prescriptions for nicotine replacement products:  
**14,924** per 100,000  
England: 11,781 per 100,000

## Quit Rate (Kick It Campaign):

The overall quit rate for the service in LBHF is **68%** from October 2020 to March 2021, which is much higher than the average the service had before (50% to 55%)

Note: CO validation is currently not taking place across any settings

