

MONDAY

THECHAV

- AUTUMN/WINTER MENU



EDIDAY

Fresh

Fruit and

Yoghurt

available

daily

Our Menu Supports Meat Free Monday

Autograph Supporting healthy eating and reduce climate change!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Vegetable Curry with Rice	Chicken and Sweetcorn Pie with Mashed Potatoes	Beef Casserole with Roast Potatoes	BBQ Chicken with Rice	Fish Fingers with Tomato Sauce and Chips		
Sweetcorn & Pepper Pizza	Macaroni Cheese	Creamy Vegetable Crumble	Tomato and Basil Pasta	Cheese and Tomato Quiche with Chips		
Cheddar Cheese and Salad Baguette	Tuna Mayonnaise Baguette	Cheddar Cheese and Tomato Baguette	Egg Mayonnaise and Tomato Baguette	Cheddar Cheese and Cucumber Baguette		
Sweetcorn and Green Beans	Carrots and Swede	Cabbage and Parsnips	Cauliflower and Roasted Vegetables	Garden Peas and Baked Beans		
Toffee Apple Crumble and Custard	Chocolate Sponge with	Butterscotch Cookie with Fruit Slices	Fruity Jelly with Yoghurt	Fruity Flapjack		

WEDNESDAY

THIIDEDAY

MONDAT	IUESDAT	WEDNESDAT	INUKSDAT	FRIDAT
Cheese and Tomato Pizza	Chicken Pasta Bake	Classic Sausage and Mash with Onion Gravy	Cheesy Beef Bolognaise Pasta Bake	Breaded Fish Fillet with Tomato Sauce and Chips
Veggie Sausage Puff with Jacket Wedges	Cheesy Courgette Sausage with New Potatoes	Shepherdess Pie	Vegetable Chilli with Rice	Cheese and Onion Pasty with Chips
Cheddar Cheese and Tomato Baguette	Egg Mayonnaise and Tomato Baguette	Tuna Mayonnaise Baguette	Cheddar Cheese and Cucumber Baguette	Egg Mayonnaise and Cucumber Baguette
Green Beans and Crunchy Coleslaw	Broccoli and Swede	Cabbage and Carrots	Sweetcorn and Broccoli	Garden Peas and Baked Beans
Pineapple Cake and Custard	Rice Pudding with Fruit Compote	Mini Shortbread Finger with Strawberry Mousse	Strawberry Jelly with Mandarins	Coconut Melting Moment with Pineapple
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Roasted Vegetable Pasta Bake	Beef Burger in a Soft Bun with Jacket Wedges	Roast Chicken Drumstick with Stuffing, Roast Potatoes and Gravy	Chicken Curry with Rice	Fish Fingers or Salmon Fish Fingers with Tomato Sauce and Chips
Vegetable Hot Dog with Tomato Sauce and Half a Jacket Potato	Falafel Wrap with Jacket Wedges	Vegetable Pasty with Roast Potatoes and Gravy	Veggie Sausage and Tomato Pasta Bake	Cheese Quiche with Chips
Egg Mayonnaise Baguette	Tuna Mayonnaise and Sweetcorn Baguette	Cheddar Cheese and Cucumber Baguette	Cheddar Cheese Baguette	Egg Mayonnaise and Salad Baguette
Sweetcorn and Roasted Vegetables	Green Beans and Broccoli	Swede and Cabbage	Carrots and Cauliflower	Garden Peas and Baked Beans
Pear and Chocolate Cake with Custard	Sticky Toffee Pudding with Custard	Berry Muffin	Peachy Jelly with Yoghurt	Mini Custard Biscuit with Lemon Mousse