

GET INVOLVED

in BriEf

March 2017

Welcome to the March edition of our monthly E-Bulletin – Get Involved in BriEf. We hope you enjoyed last months' bulletin, if you missed it please contact us to receive your e-copy.

The Resident Involvement Team aims to keep you up-to-date with what's happening in your community and across the borough. To find out more information on the updates, simply click on the headline or the relevant link. If you have any questions about any of the items, please contact Get Involved on **020 8753 6652** or email Getinvolved@lbhf.gov.uk

Presentation and communication skills training

This training is available to all H&F council housing residents. Members of TRAs, Resident Involvement service improvement groups and residents who plan to submit funding bids may find this particularly helpful.

The training covers a range of skills including:

- Organisation, planning and preparation
- Communication styles
- Language, voice, pace and pauses
- Delivering a presentation
- Audience engagement
- Active listening

Two sessions have been organised.

When: Tuesday 14th March 2017 or Tuesday 4th April 2017

Where: Committee room 3, 2nd floor Hammersmith Town Hall from 10:00am to 4:00pm.

To book or for more information contact **Colette Prior**, Resident Involvement & Governance Officer on **020 8753 6652, 07881817712** or email Colette.Prior@lbhf.gov.uk

Call for residents to join fight against fire risk tumble dryers

Hammersmith & Fulham Council is asking residents to back a campaign calling for immediate action over tumble dryers linked to 750 domestic fires.

Hundreds sign up for free Healthy Hearts scheme

The Healthy Hearts programme includes free courses such as weight management support, healthy cooking and physical activity clubs.

Help us celebrate H&F's diversity on 11 March 2017

Come and join the Mayor, Councillor Mercy Umeh, in celebrating Hammersmith & Fulham's rich culture and diversity. The event on Saturday 11 March 2017 includes music, dancing, welcome drinks and canapés, a three course buffet meal and wine.

H&F Credit Union protecting residents from payday lenders

More residents are using H&F's credit union and avoiding unscrupulous lenders, with more than £720,000 of low cost loans made in the past year.

Calling budding young footballers aged 16-19

Queens Park Rangers FC College Academy are holding an elite football and education programme.

Dates: 5 April/ 31 May/ 26 July/ 16 August **Time:** 10am-1pm **Venue:** Queens Park Rangers FC, Loftus Road Stadium, South Africa Road, W12 7PJ.

To sign up for a trial, register at <http://www.academy1sportscollege.com/>

For more information on the academy contact Danny Edwards on 020 8740 2524 or email DanielE@grp.co.uk

Queens Park Rangers FC empowering children and young people aged 8-25 through positive intervention

The QPR Youth and Communities Programme includes: football sessions, life skills workshops, mentoring, therapeutic intervention, qualifications, education, work experience, volunteering and apprenticeships.

Where and when:

Edward Woods Estate, 60-70 Norland Road, London, W11 4TX, Wednesday, 6pm - 7:30pm
Old Oak Community Centre, 76 Braybrook St, London W12 0AP, Saturday 3pm - 5pm
Play football, 41 South Africa Rd, London W12 7RW, Friday 6pm - 8pm & Saturday 6pm - 8pm

For more information, contact YAC@qpr.co.uk

In case you missed it

You can catch up on some of the items from last month's bulletin, just click on the headline to read more.

[Are you good company? You could help brighten someone's day](#)

[Hitting new heights in quest to maintain H&F Council homes](#)

[Nextdoor - the free private social network for your neighbourhood](#)

[Got a great idea to improve your neighbourhood?](#)

Resident Involvement Service Improvement Groups are looking for more members

Getting involved as a resident helps to improve your local community and the housing services you receive. Click on the links to get more information on the groups and how you can get involved!

[Repairs Working Group](#)

[Reading Group](#)

[Communications Group](#)

[Inclusion Group](#)

Download the handy [Resident Involvement Information pack](#) which contains all the information on how to get involved in a way that suits you.

Economic Regeneration, Housing and the Arts Policy and Accountability Committee

Hammersmith and Fulham Council wants to involve its residents in developing policy and scrutinising the administration. We want you to come along to meetings and tell us what you think.

The next Policy and Accountability Committee (PAC) meeting is on Tuesday 7 March at 7pm and will be talking about Greening Our Estates and will also have an update on protecting council housing.

Provisional meeting dates for 2017:

23 April, 7 June, 5 July, 6 September, and 8 November.

We have a work programme so you can choose which meetings you want to come to.

If you have an idea for what the committee should discuss, please email **Ainsley Gilbert**, Committee Coordinator on ainsley.gilbert@lbhf.gov.uk or call **020 8753 2088**.

Get Involved in BriEf archive

You can also catch up on previous editions of our Get Involved in BriEf bulletin via the Resident Involvement web page [Click here to find out more](#)

If you are unable to access any of the links, please email Tony.Rodriguez@lbhf.gov.uk