

GET INVOLVED

in BriEf

April 2017

Welcome to the April edition of our monthly E-Bulletin – Get Involved in BriEf. We hope you enjoyed last months' bulletin, if you missed it please contact us to receive your e-copy.

The Resident Involvement Team aims to keep you up-to-date with what's happening in your community and across the borough. To find out more information on the updates, simply **click on the headline or the relevant link**. If you have any questions about any of the items, please contact Get Involved on **020 8753 6652** or email Getinvolved@lbhf.gov.uk

Food with thought – City Harvest is helping feed those in need

Charity City Harvest collects surplus food from supermarkets, restaurants and wholesalers, and redistributes it to those in need through charities in and around Hammersmith & Fulham. Head of Operations Paula Merrony tells us more about City Harvest's work and how you can help support them.

Council supports free fruit and veg for families at North End Road market

A new H&F Council-funded initiative to help children and families on low incomes get fresh fruit and vegetables launches this month.

How to get involved

Specific criteria apply to ensure that residents taking part in the scheme are those most in need. [Find out if you are eligible here](#)

New Blades rowing club to carve up the Thames

Fulham Reach Blades has thrown open its doors and is launching a canoeing initiative to get local young people out on the water this summer. The club has been set up at the Fulham Reach Boat Club at Distillery Wharf... and has already held a fun-and-games day to showcase what's on offer.

Disabled cyclists get on track with new inclusive BMX sessions in White City

A new BMX club that is open to residents with disabilities has launched in Hammersmith & Fulham. Run by sports development charity Access Sport, Wingz BMX sessions are inclusive and open to anyone with any disability, impairment and/or additional need, the sessions are also deaf-friendly.

When: Every Saturday, 11am-noon

Where: Woodmans Mews, London W12 0HU

[Sign up here](#)

Talented young rowers from H&F wanted for London Youth Games squad

Talented young rowers are being sought to help ensure Hammersmith & Fulham has the strongest team possible for the 2017 London Youth Games.

The outdoor trials will take place on **Saturday 1 April**.

The indoor trials will be held on **Saturday 20 May**.

City Dash: volunteers needed

Queen Caroline tenants and resident association in Hammersmith are working with an event organiser 'City Dash'. They run events which test people's problem solving skills, as much as their speed to move from point to point. It will be taking place on 8 April (exact times to be confirmed). We are seeking adult volunteers, ideally with a DBS, to support teams of children and young people to take part on the day. If you are interested contact Jardine Finn, Sports Development at jardine.finn@lbhf.gov.uk

Hammersmith resident reaps recycling reward with £200 cash prize

A Hammersmith resident is the latest person in H&F to scoop a cash prize for being a brilliant recycler.

Our plans to make H&F even better for families – have your say

We have plans to make it quicker and easier for H&F's families to find support and activities near them and we'd like to know what you think.

In case you missed it

You can catch up on some of the items from last month's bulletin, just click on the headline to read more.

Nextdoor - the free private social network for your neighbourhood

Call for residents to join fight against fire risk tumble dryers

Hundreds sign up for free Healthy Hearts scheme

H&F Credit Union protecting residents from payday lenders

Resident Involvement Service Improvement Groups are looking for more members

Getting involved as a resident helps to improve your local community and the housing services you receive. Click on the links to get more information on the groups and how you can get involved!

Repairs Working Group

Reading Group

Communications Group

Inclusion Group

Download the handy [Resident Involvement Information pack](#) which contains all the information on how to get involved in a way that suits you.

Economic Regeneration, Housing and the Arts Policy and Accountability Committee

Hammersmith and Fulham Council wants to involve its residents in developing policy and scrutinising the administration. We want you to come along to meetings and tell us what you think.

Provisional meeting dates are: 23 April, 7 June, 5 July, 6 September, and 8 November.

We have a work programme so you can choose which meetings you want to come to.

If you have an idea for what the committee should discuss, please email **Ainsley Gilbert**, Committee Coordinator on ainsley.gilbert@lbhf.gov.uk or call **020 8753 2088**.

Calling budding young footballers aged 16-19

Queens Park Rangers FC College Academy are holding an elite football and education programme.

Dates: 5 April/ 31 May/ 26 July/ 16 August **Time:** 10am-1pm **Venue:** Queens Park Rangers FC, Loftus Road Stadium, South Africa Road, W12 7PJ.

To sign up for a trial, register at <http://www.academy1sportscollege.com/>

For more information on the academy contact Danny Edwards on 020 8740 2524 or email DanielE@grp.co.uk

Queens Park Rangers FC empowering children and young people aged 8-25 through positive intervention

The QPR Youth and Communities Programme includes: football sessions, life skills workshops, mentoring, therapeutic intervention, qualifications, education, work experience, volunteering and apprenticeships.

Where and when:

Edward Woods Estate, 60-70 Norland Road, London, W11 4TX, Wednesday, 6pm - 7:30pm
Old Oak Community Centre, 76 Braybrook St, London W12 0AP, Saturday 3pm - 5pm

Play football, 41 South Africa Rd, London W12 7RW, Friday 6pm - 8pm & Saturday 6pm - 8pm

For more information, contact YAC@qpr.co.uk

Get Involved in BriEf archive

You can also catch up on previous editions of our Get Involved in BriEf bulletin via the Resident Involvement web page [Click here to find out more](#)

If you are unable to access any of the links, please email Tony.Rodriguez@lbhf.gov.uk