

Important information to read before you take your COVID 19 test – 16 plus

H&F Council is offering people without symptoms testing for the COVID 19 virus as one way to control the spread of the virus

Please read this information sheet carefully, it will help you decide if you want to take the test today.

The test available today is called a Lateral Flow test (LFT test). It tests whether you have the virus and are likely to pass it onto others. It does not test whether you have had the virus in the past. It will not tell if you have recently been exposed to the virus but are not yet infectious

You will need to take a swab from the back of your throat and one nostril. This will be explained when you are given the swab.

Taking the swab may be uncomfortable but not painful. Once you have taken the test you are free to leave.

Your swab will then be processed by one of our trained staff and your result will be texted to your phone in around 45 to 60 minutes. If you don't get a result, please scan your barcode on the card you will be given and recommence the registration.

If your test is positive you must self-isolate and arrange a second test by registering online <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested-or-calling-119>. That test will be a double check on whether you have the virus and is different to the LFT available at the Civic Centre.

If that second test is positive you will need to self isolate for 10 days from today and anyone in your household will need to self isolate for 10 days from today. Your details will be passed to NHS Test and Trace who will contact you and ask you to identify everyone you have been in close contact with during the past two days. These people will be contacted by NHS Test and Trace and advised to self isolate for 10 days from your last contact with them. They will be told they have been in contact with someone who has the COVID 19 virus, you will not be identified.

If you have been invited to test by your employer, sixth form, college or university, they will **not** be informed of your result. It is your responsibility to inform your employer or educational establishment

The test can only look for virus **at the time you test**. It is therefore essential that even if you test negative you continue to observe the national COVID restrictions.



This test is not perfect – no test is.

It is possible:

1. That your test is VOID.

Unfortunately this means the test was unable to tell if you have the virus or not. Our testing facility is open everyday if you would like to book another test please do so

2. Your test is negative but you have the COVID 19 virus.

This is termed a “false negative”. About 1 in every 20 people who have the virus will test negative. It is therefore essential that even if you test negative you continue to follow your employer’s, school’s, college’s or university’s COVID secure working arrangements and observe the national COVID restrictions

A false negative can happen if you test soon after you have picked up the virus. For this reason repeated testing is more reliable than a one off test. You are welcome to book repeat tests

Please note: as part of consenting for this COVID-19 test (the lateral flow test) you are also consenting for your details to be passed to NHS Test and Trace in the event of a positive test.

It is your choice to take this test. If, after reading this, you decide not to then all you need to do is tick the NO box below and sign.

If you wish to go ahead then please tick the YES box and sign

Date: _____

NO. I do not want to take the test for the COVID 19 virus today signature

YES. I am happy to take the test for the COVID 19 virus today signature