

Advice

Age UK

Age UK is a new organisation combining Age Concern and Help the Aged. Age UK provides advice and information for people in later life through their advice line and online publications.

Tel: 020 8969 9105

www.ageuk.org.uk

Charis Grants

Charis provides grants to households to help them with utility debts owed to certain energy companies. For help and advice:

Tel: 01733 421 060

Email: admin@charisgrants.com

www.charisgrants.com

Citizens Advice

The Citizens Advice service helps people resolve their legal, money and other problems by providing free, independent and confidential advice.

To find your local Citizens Advice bureau:

Tel: 08444 111 444

www.citizensadvice.org.uk/

Citizens Advice consumer service

The Citizens Advice consumer service provides free, confidential and impartial advice on consumer issues.

Tel: 08454 04 05 06

Consumer Focus

Consumer Focus, the Government's consumer organisation gives energy consumers advice on energy debt and provides free information about how to choose and change energy suppliers.

Tel: 020 7799 7900

www.consumerfocus.org.uk

Energy Saving Trust

The Energy Saving Trust provides free and independent advice on saving energy in the home:

Tel: 0300 123 1234 (National rate call)

Email energy-advice@est.org.uk

www.energysavingtrust.org.uk

Energy Suppliers

British Gas:

0800 072 8625

EDF Energy Priority Services Team:

0800 068 8251

EON:

0800 404 6287

Npower

0808 172 6999

Scottish Power:

0141 568 6182

Scottish & Southern

0800 300 111

Home Heat Helpline

The Home Heat Helpline advises people worried about paying their energy bills and keeping warm during the winter. It also gives advice to low-income households in urgent need of heating help and advice.

Tel: 0800 33 66 99 (free)

www.homeheathelpline.org.uk

NHS Direct

Advice on staying healthy.

Tel: 0845 46 47

<http://www.nhsdirect.nhs.uk/>

Winter Fuel Payment Helpline

Tel: 0845 915 15 15

www.gov.uk/winter-fuel-payment/how-to-claim

Water Saving - Thames Water

For advice on saving water in your home visit:

<https://www.thameswater.co.uk/save-water/9382.htm>

Thames water also has water saving freebies, for more information and to order follow the link:

<http://www.waterwisely-savewatersavemoney.co.uk/?source>