

Bed Bug Treatment Guide

This guide has been produced to help you get your home ready for bed bug treatment, to have the best possible chance of getting rid of them.

It is important to make sure that you clear the floor area, especially under the beds, in all rooms that need treatment, so that they are free from any clutter.

Before Treatment



 **DO** Strip all beds – remove sheets, blankets, and pillowcases.



 **DO** Empty drawers, including any drawers under beds.



 **DO** Move light furniture away from walls so skirting boards can be sprayed.



 **DO** Empty wardrobes if you want them sprayed.



 **DO** Wash all bedding sheets at 60 degrees and clothing, following all labelling instructions.



 **DO** Place all items in black bin bags.



 **DO** Cover fish tanks or bowls with a cloth.



DO Vacuum the room thoroughly. **DO NOT** vacuum again for 2–3 weeks after treatment.

IMPORTANT:

DO try to continue to sleep in the bed, as this will help with the effectiveness of the treatment.

DO NOT throw anything away, such as the bed or mattresses.

If you need any support with any of the above please email at pestcontrol@lbhf.gov.uk or contact our call centre on 020 8753 1081.