

Targets for participation form – sports and activity

Please indicate against the below groups, the number of people who you intend to involve in your project. Use realistic estimates. These targets should reflect who will directly participate, not broader reach. Leave blank if not applicable. If you are successful, you will need to capture and evidence the results against these indicators.

Measure	Project target (number)	Explanation
Number of individual adult (H&F residents) 19+ taking part in sport and physical activities		
Number of individual children and young people (H&F residents) 0-25 taking part in sport and physical activities		
Number of young residents with disabilities taking part in sport and physical activities		
Number of professional sports leaders engaged on the project		
Number of mentoring sessions for young people		
Number of shadow leaders (aged 18+) engaged on the project		
Number of sessions delivered (each session is either a morning, afternoon or evening)		
Number of volunteer hours on the project		
Number and type of accreditation delivered		
Postcode(s) of delivery venues		
Number of community partners actively involved in delivery of the project		

We know that you may have questions about this form, the scheme, what is required to evidence your application or how best to explain your activities. If you need further advice or assistance, please contact us using the email KCYF@lbhf.gov.uk in plenty of time so that we can help you.

* Disability is defined as a physical or mental impairment that has a substantial and long-term adverse effect on a person's ability to carry out normal day-to-day activities

