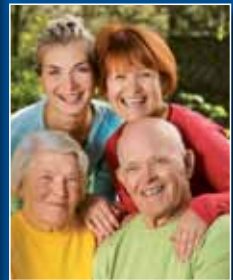


Imperial Wharf Resource Centre



DAY OPPORTUNITIES FOR ADULTS

Who is the centre for?

Imperial Wharf Resource Centre aims to support adults to remain in their own homes. The centre provides a safe environment for service users to socialise, enjoy a nutritious meal and take part in a range of activities.

The centre offers day time respite for carers and is open seven days a week.

Our staff are professionally trained to Level 3 NVQ in Social Care and are committed to providing high standards of care for all service users.

What activities take place at the day centre?

We offer a comprehensive programme of daily activities to meet the needs of our clients.

The programme is devised through consultation with our clients and is reviewed every eight weeks.

Our activities include:

- Therapeutic exercise groups
- Outings to places of interest
e.g. the seaside, shops, shows and restaurants
- Arts and crafts
- Quizzes
- Reminiscence sessions
- Nailcare
- Yoga
- Topical discussions
- Reflexology
- Hairdressing

We work with individuals to enhance their key skills such as:

- Communication
- Confidence
- Self advocacy

Meals

The day centre provides a range of freshly prepared hot and cold meals each day on site and at a subsidised cost. Lunch options include:

- Traditional
- Caribbean
- Diabetic
- Halal
- Kosher
- Vegetarian

You are free to bring your own food if you choose.

Travel

Free transport to and from the day centre is available, but, if you prefer, you can make your own transport arrangements.

How to apply to the day centre

Contact:

H&F advice, 145 King Street, London W6

or call the services helpline for adults on 020 8753 5456
or email h&fadvice.care@lbhf.gov.uk

Before an application is made to the day centre, a social work assessment needs to be completed. This is to make sure that we provide the right support to the people who need it most. Once an application has been received a staff member of the day centre will contact you to arrange a home visit to discuss your needs and give you more information about the services offered at the day centre.

This person will become your keyworker if you proceed with your application. The keyworker will advocate on your behalf and develop a plan of care with you to meet your needs at the day centre.

This may involve liaising with your carer, social worker, family and other professionals such as doctors and district nurses. We will review your care plan with you.

How to contact us

For more information contact us at:

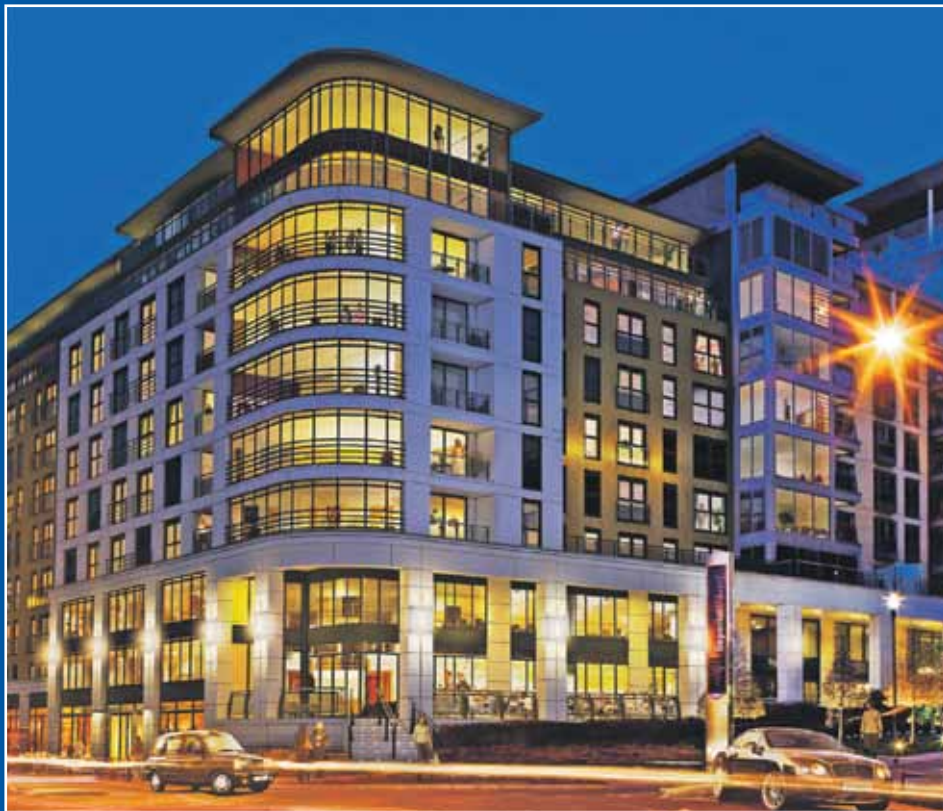
Imperial Wharf Resource Centre, Olive House,
185 Townmead Road, London SW6 2JY

Tel: 020 7384 6950 Fax: 020 7384 6959

We will:



- Take your details as soon as you arrive
- Interview you as soon after that as possible
- Listen to what you tell us
- Respect your confidentiality
- Respond fairly and efficiently to your enquiries
- Make an appointment for you
- Indicate when your case will be resolved
- Answer the phone within five rings
- Reply to letters within ten working days
- Advise you about other services and agencies which may be able to assist, if we cannot help you



If you would like any part of this document produced in large print or braille, please telephone 020 7384 6950.