

What Can I Expect, If I Come Here?

You would be invited to attend for a chat, so that we can find out a bit about you and what it is you would hope to achieve by coming to the Ellerslie. You can bring someone along with you to this meeting, if that makes you feel more comfortable. After this, the team will discuss your needs and decide whether or not we are the best service to help you. If not, we will always try to be clear about our reasons why and suggest possible alternatives.

Once invited to attend as a service user, you will be given an induction day and a member of staff and often a service user will go around and familiarise you with the centre and how we work. There is a new users group every fortnight to assist you with ironing out any problems and to make sure that you feel welcome and that your time at the Ellerslie is productive.

When Are We Open?

The Ellerslie is open over the following times:

Monday	9 – 4
Tuesday	9 – 4
Wednesday	9 – 2
Thursday	9 – 4
Friday	9 – 4

The Blakafe is open:

Saturday	11 – 3
Sunday	11 – 3



What Next?

If you would like any more information on what we do or would like to come for an informal visit, please ask your Care Coordinator for a referral or alternatively, you can contact us directly on the following details:

The Ellerslie Centre
50 Ellerslie Road, London W12 7BW

Tel: 020 8749 9392 Email: andrena.sutton@lbhf.gov.uk



The Ellerslie Centre
individual personal growth

The Ellerslie Centre Information

West London Mental Health NHS Trust
Many viewpoints. One vision.

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The Ellerslie Centre
individual personal growth



Mission Statement:

“To provide a primarily non-building based community resource whose main purpose is to promote social inclusion and access to mainstream life. The project will provide a safe and supportive environment in which people with severe and enduring mental health problems will be encouraged to engage within their own process of recovery, thereby reducing reliance and dependency on mainstream mental health services. The project will seek to celebrate the diversity of its membership and will aim to provide rehabilitative input that is culturally-sensitive, empowering, client-centred and needs led.”

Who We Are

The Ellerslie Centre is a day care project for residents of Hammersmith and Fulham who experience mental health problems. We are part of the integrated Health and Social Care Services, so we are managed both by the London Borough of Hammersmith and Fulham and West London Mental Health NHS Trust.

We are staffed by a team of project workers, who are based within the service, but have groups and sessions which are run by other professionals, such as Occupational Therapists, Employment Advisors and Clinical Psychologists.

The Blakafe is a project for black mental health service users and is run from the Ellerslie Centre on weekends.

What We Do

The Ellerslie provides a range of services to meet the needs of its service users. We offer a groupwork programme, one to one support, a drop-in service, subsidised lunch, laundry and bathing facilities.

The overall aim of the service is to decrease reliance on the mainstream mental health services and encourage service users to access opportunities for moving on within the wider community. We run groups such as employment

support, goal planning, cooking, art, etc. as a means of allowing people to experiment with skills and hopefully moving onto to more mainstream provisions. We have a number of projects that work with outside community based organisations, such as Artspace and Adult Education.

Who Can Attend?

The Ellerslie is open to all individuals who are on enhanced CPA and/or in receipt of services from a Community Mental Health Team, The FIRST Team, Day Services, Impact or the Crisis Resolution Team.

The Ellerslie is a referral only service and referrals need to come from one of the teams mentioned above. These teams are aware of the referral criteria to the Ellerslie and can advise you if you would be eligible.

