



Hammersmith and Fulham



Hammersmith and Fulham Learning Disability Team

Who we are and how we can help you



We are here



**Stamford Brook Centre, 14-16 Stamford
Brook Avenue, London, W6 0YD**



Phone: 020 8383 6464



Fax: 020 8383 6465



E-mail: LDTeamInfo@lbhf.gov.uk

How can the team help you?

We help adults:

- Who have a learning disability and
- Who are 18 years old and above and
- Who live in or are originally from the London Borough of Hammersmith & Fulham

We also provide advice, support and information to your family, carer and partner.

We will:

- Meet with you at home, at your day centre, college, place of work or our office.
- Assess your needs and provide further advice and support.

We can offer:

- Support to make choices about how you live your life with a Person Centred Plan.
- Advice about your health such as medication, healthy eating and exercise.
- Help with mobility and advice on equipment or adaptations to your home.
- Support to use residential or nursing care for people who cannot be supported to live in their own home.
- Assessment and support to live more independently or in an independent living scheme.
- Assessment and advice about how to look after yourself for example budgeting and personal care.
- Help with freedom passes, Lifestyle Plus cards, direct payments and where to go for benefit advice.
- Support to visit your doctor and other health services.
- Access to specialist health treatment, for physical and mental health needs.
- Advice on syndromes such as Down's syndrome.
- Help with your communication needs, hearing and swallowing difficulties (eating and drinking).
- Training for your carers, tutors, support workers.
- Opportunities for you to meet other people, learn new skills and take part in activities.
- Short breaks for you and when your carer needs a rest.
- Advice, support and assessment of your carer's needs.
- Help and support with emotional needs and behavioural difficulties.
- Health Action Plans
- Support for you to get training and a job.



we help you with



making choices



your health



healthy eating



mobility and exercise



equipment advice



housing



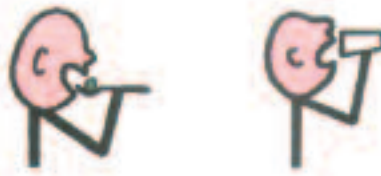
your money



going to your doctor or health service



communication



eating and drinking



training



daily living skills



day opportunities



short breaks



advice and information

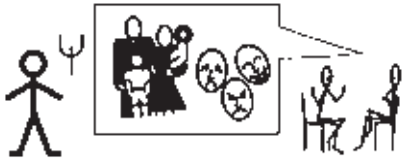


your feelings



Health Action plan

The Team



Clinical Psychologists



Community Nurses



Office workers



Occupational Therapists



Physiotherapists



Psychiatrists



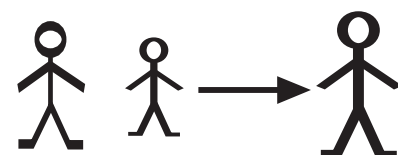
Residential Reviewing Officers



Social Workers



Speech and Language Therapists



Transition Workers

Your information



The Team need to share the information that you give us with each other.



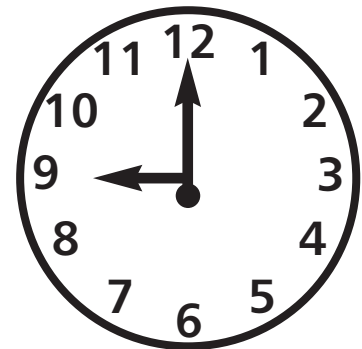
All information about you is private and will be kept safe.

We are open

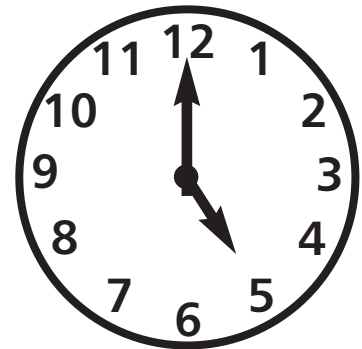


Monday → Friday

9.00am



5.00pm



Your comments and complaints



Phone a Manager on 020 8383 6464

We will listen to your complaints and comments and may get help from the complaints service.



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If you would like any part of this document interpreted into your own language or produced in large print or Braille, please telephone 020 8753 6464

We would like to acknowledge Mayor Johnson Inc. Widgit Software Ltd. and the Makaton Vocabulary Development Project for the use of materials in this leaflet.

Front cover photographs from www.johnbirdsall.co.uk

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